## THE PALL MALL SURGERY

## The Alcohol Use Disorders Identification Test:

## Name:

ſ	1.	How often do you have a drink containing	6. How often during the last year have you needed a
l		alcohol?	first drink in the morning to get yourself going after a
l			heavy drinking session?
l	(0)	Never (skip to Qs 9-10)	, 3
l	(1)	Monthly or less	(0) Never
l	(2)	2 to 4 times a month	(1) Less than monthly
l	` ,	2 to 3 times a week	(2) Monthly
l	, ,	4 or more times a week	(3) Weekly
l	(4)	4 of more times a week	(4) Daily or almost daily
ŀ	2	How many drinks containing alcohol do you	7. How often during the last year have you had a
l	2.	How many drinks containing alcohol do you	
l		have on a typical day when you are drinking?	feeling of guilt or remorse after drinking?
l	(0)	1 - 2	(O) Never
l		1 or 2	(0) Never
l		3 or 4	(1) Less than monthly
l		5 or 6	(2) Monthly
l		7, 8, or 9	(3) Weekly
ŀ		10 or more	(4) Daily or almost daily
l	3.	How often do you have six or more drinks on	8. How often during the last year have you been
l		one or more occasion?	unable to remember what happened the night before
l			because you had been drinking?
l		Never	
l	(1)	Less than monthly	(0) Never
l	(2)	Monthly	(1) Less than monthly
l	(3)	Weekly	(2) Monthly
l	(4)	Daily or almost daily	(3) Weekly
l	Ski	p to Questions 9 and 10 if Total Score for	(4) Daily or almost daily
l	Que	estions 2 and 3 = 0	
l			
l			
I	4.	How often during the last year have you	9. Have you or someone else been injured as a result
l		found that you were not able to stop	of your drinking?
l		drinking once you had started?	
l			(0) No
l	(0)	Never	(2) Yes, but not in the last year
l	(1)	Less than monthly	(4) Yes, during the last year
l		Monthly	
l	(3)	Weekly	
l		Daily or almost daily	
İ	5.	How often during the last year have you	10. Has a relative or friend or a doctor or another
l		failed to do what was normally expected	health worker been concerned about your drinking or
l		from you because of drinking?	suggested you cut down?
			3300
	(0)	Never	(0) No
	٠,	Less than monthly	(2) Yes, but not in the last year
п		Monthly	(4) Yes, during the last year
		· · · · · · · · · · · · · · · · · · ·	(1) res) during the last year
	(3)	Weekly Daily or almost daily	(1) res) during the last year